

**DERBYSHIRE
VOLUNTARY
ACTION**

Feeling Connected Hub

SAMARITANS

Find out what they do
**Monthly, 1st Thursday,
12.30-2pm**



**Fibromyalgia Support
Monthly, last Saturday,
12.30 -2pm**



**Benefits & Housing
Advice, Thursdays
12.30 -2pm**

daacss
Derbyshire All Age Carers Support Service

**Carers support
Monthly, 2nd Thursday,
12.30-2pm**

Reed in Partnership

**Connect to work,
Monthly, 3rd Thursday,
12.30 -2pm**



**Knitting & Crochet
social group,
Thursdays 10 -12pm**

**Live Life
BETTER
DERBYSHIRE**

**Blood pressure checks
Monthly, 4th Thursday
12.30 -2pm**



**mindscales.org.uk
Photography & Mental
Health Peer support,
Tuesdays,
10 -1pm**

**InSpireWrite
Creative
Writing**

**Creative Writing
Group, Wednesdays,
1-1.45pm**

**Also here but check their websites for contact
details:**



**TRANSITION
CHESTERFIELD**
• COMMUNITY • ACTION • SUSTAINABILITY •

transitionchesterfield.org.uk

**Activity
Space**

activityspace.org.uk



**OCD Support Group
Monthly, 2nd
Tuesday, 2-4pm,**